

About BFFL Co

BFFL Co was founded in 2011 by Elizabeth Chabner Thompson, MD, MPH, a radiation oncologist trained at Johns Hopkins University School of Medicine and the Harvard Hospital Systems. After many years of working as a clinician, and after undergoing surgery herself, Dr. Chabner Thompson realized that in order to recover, patients need more than flowers and chocolate. They need someone to “pack their hospital bag” and prepare them in a way that preserves their dignity and makes them feel cared for, comfortable, and empowered.

BFFL Co's products and services improve the patient experience before, during and after hospitalization in a way that promotes healing, preserves dignity and enhances recovery. BFFL Co's product line includes the award-winning BFFLBag® recovery kits, bras and other garments, amenities kits, rehabilitation tools, and much more.

What are BFFLBags®?

BFFLBags® are recovery bags pre-packed with medical, personal care and other products designed to help patients recuperate from cancer and other surgeries or treatments. Unlike the disposable plastic or nonwoven bags of supplies sent home from most hospital stays, the brightly-patterned mood-lifting bags are made of stain-resistant high-quality pack cloth, and rest upon metal feet, not the hospital floor. BFFLBags® contain all the essentials for a particular surgery or treatment, so they are a great time-saver, and help reduce pre-surgery stress. They've been featured on television and in numerous fashion, parenting and lifestyle magazines.

There are almost a dozen different BFFLBag® styles serving men and women after surgery, and women after childbirth. All are available for purchase at www.bfflco.com. Bags come carefully wrapped in tissue and are accompanied by a hand-written note card. In addition, 15% of BFFLBag® profits is donated to a cause-related charity.

The Breast BFFLBag®

The Breast BFFLBag® was designed to provide mastectomy patients with everything needed for a smooth recovery.

Each high quality designer duffel bag contains:

- Axilla•Pilla® comfort pillow
- Collapsible water bottle
- Toiletries kit and amusements pack
- Skin care kit
- Bio-Oil scar treatment
- KIND healthy snack bar
- Drain care pack and instructions
- Expandable folder for important papers/cards



“ I cannot tell you how wonderful it was to receive a BFFLBag prior to my surgeries for breast cancer. I love my pillow, the duffel bag is awesome and all the wonderful supplies, from creams to notebooks to card holders and bandages, made the whole experience of treatment so much easier. I have struggled with what to do for someone else with a cancer diagnosis, but now I know....Great gift of love from one friend to another! ”

- Terri

Contact Us:

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