

## About BFFL Co

BFFL Co was founded in 2011 by Elizabeth Chabner Thompson, MD, MPH, a radiation oncologist trained at Johns Hopkins University School of Medicine and the Harvard Hospital Systems. After many years of working as a clinician, and after undergoing surgery herself, Dr. Chabner Thompson realized that in order to recover, patients need more than flowers and chocolate. They need someone to “pack their hospital bag” and prepare them in a way that preserves their dignity and makes them feel cared for, comfortable, and empowered.

BFFL Co's products and services improve the patient experience before, during and after hospitalization in a way that promotes healing, preserves dignity and enhances recovery. BFFL Co's product line includes the award-winning BFFLBag® recovery kits, bras and other garments, amenities kits, rehabilitation tools, and much more.

## What are BFFLBags®?

BFFLBags® are recovery bags pre-packed with medical, personal care and other products designed to help patients recuperate from cancer and other surgeries or treatments. Unlike the disposable plastic or nonwoven bags of supplies sent home from most hospital stays, the brightly-patterned mood-lifting bags are made of stain-resistant high-quality pack cloth, and rest upon metal feet, not the hospital floor. BFFLBags® contain all the essentials for a particular surgery or treatment, so they are a great time-saver, and help reduce pre-surgery stress. They've been featured on television and in numerous fashion, parenting and lifestyle magazines.

There are almost a dozen different BFFLBag® styles serving men and women after surgery, and women after childbirth. All are available for purchase at [www.bfflco.com](http://www.bfflco.com). Bags come carefully wrapped in tissue and are accompanied by a hand-written note card. In addition, 15% of BFFLBag® profits is donated to a cause-related charity.

## The Mommy/Delivery BFFLBag®

The Mommy/Delivery BFFLBag® was designed to provide expecting mothers with everything needed for recovery after childbirth. It takes the worry out of packing your bag when “it's time.”

Each high quality designer duffel bag contains:

- Axilla•Pilla® comfort pillow
- Collapsible water bottle
- Toiletries kit and amusements pack
- Skin care kit
- Bio-Oil scar and stretch mark treatment
- KIND healthy snack bar
- Washable nursing pads
- Reusable ice packs
- Incision care pack and instructions
- Expandable folder for important papers/cards



“This is by far the best shower gift I received. I didn't have to worry about packing my hospital bag. Loved the icepacks, by the way, and their disposable sleeves... pure genius.”

- Ashley

## Contact Us:

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